

**EAST CHESTER, JACKS CREEK, WEST CHESTER, MIDDLE SCHOOL, JUNIOR HIGH**  
**BREAKFAST MENUS**

**MONDAY, APRIL 24, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
Or  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**TUESDAY, APRIL 25, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
Or  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**WEDNESDAY, APRIL 26, 2017**

**BREAKFAST**

Chicken Patty/Biscuit, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**THURSDAY, APRIL 27, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice & Milk Choice

**FRIDAY, APRIL 28, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**BREAKFAST MEAL PATTERN**

**MUST OFFER 4 COMPONENTS PER DAY**

**EACH CUSTOMER MUST CHOOSE AT THE MINIMUM ½ CUP OF FRUIT/VEGETABLE OR JUICE.**

**GRAINS (1 oz. daily minimum) ELEMENTARY SCHOOL - 7-10 oz. equivalent week**  
**JUNIOR HIGH SCHOOL - 8-10 oz. equivalent week**

**MEAT/MEAT ALTERNATE (NONE REQUIRED, BUT MAY SUBSTITUTE 1 oz. GRAIN EQUIVALENT OF MEAT/MEAT ALTERNATE FOR A 1 oz. GRAIN AFTER MINIMUM DAILY GRAIN IS MET.**  
**ALTERNATELY, M/MA MAY BE OFFERED AS AN EXTRA FOOD AND NOT CREDITED TOWARD ANY COMPONENT.**

**FRUIT/FRUIT JUICE/VEGETABLES (1 Cup Daily) 5 weekly**

**FLUID MILK (1 Cup Daily) 5 weekly**

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**EAST CHESTER, JACKS CREEK, WEST CHESTER, MIDDLE SCHOOL, JUNIOR HIGH**  
**BREAKFAST MENUS**

**MONDAY, MAY 1, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**TUESDAY, MAY 2, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**WEDNESDAY, MAY 3, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**THURSDAY, MAY 4, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**FRIDAY, MAY 5, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**BREAKFAST MEAL PATTERN**

**MUST OFFER 4 COMPONENTS PER DAY**

**EACH CUSTOMER MUST CHOOSE AT THE MINIMUM ½ CUP OF FRUIT/VEGETABLE OR JUICE.**

**GRAINS (1 oz. daily minimum) ELEMENTARY SCHOOL - 7-10 oz. equivalent week**  
**JUNIOR HIGH SCHOOL - 8-10 oz. equivalent week**

**MEAT/MEAT ALTERNATE (NONE REQUIRED, BUT MAY SUBSTITUTE 1 oz. GRAIN EQUIVALENT OF MEAT/MEAT ALTERNATE FOR A 1 oz. GRAIN AFTER MINIMUM DAILY GRAIN IS MET.**  
**ALTERNATELY, M/MA MAY BE OFFERED AS AN EXTRA FOOD AND NOT CREDITED TOWARD ANY COMPONENT.**

**FRUIT/FRUIT JUICE/VEGETABLES (1 Cup Daily) 5 weekly**

**FLUID MILK (1 Cup Daily) 5 weekly**

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**MONDAY, MAY 8, 2017**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
Or  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**TUESDAY, MAY 9, 2017**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**WEDNESDAY, MAY 10, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**THURSDAY, MAY 11, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**  
Choice of Whole Grain Cereal, Whole Grain Pop tart, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**FRIDAY, MAY 12, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**  
Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**BREAKFAST MEAL PATTERN**

**MUST OFFER 4 COMPONENTS PER DAY**

**EACH CUSTOMER MUST CHOOSE AT THE MINIMUM ½ CUP OF FRUIT/VEGETABLE OR JUICE.**

**GRAINS (1 oz. daily minimum) ELEMENTARY SCHOOL - 7-10 oz. equivalent week**  
**JUNIOR HIGH SCHOOL - 8-10 oz. equivalent week**

**MEAT/MEAT ALTERNATE (NONE REQUIRED, BUT MAY SUBSTITUTE 1 oz. GRAIN EQUIVALENT OF MEAT/MEAT ALTERNATE FOR A 1 oz. GRAIN AFTER MINIMUM DAILY GRAIN IS MET.**  
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**FRUIT/FRUIT JUICE/VEGETABLES (1 Cup Daily) 5 weekly**

**FLUID MILK (1 Cup Daily) 5 weekly**

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**MONDAY, MAY 15, 2017**

**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**TUESDAY, MAY 16, 2017**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**WEDNESDAY, MAY 17, 2017**

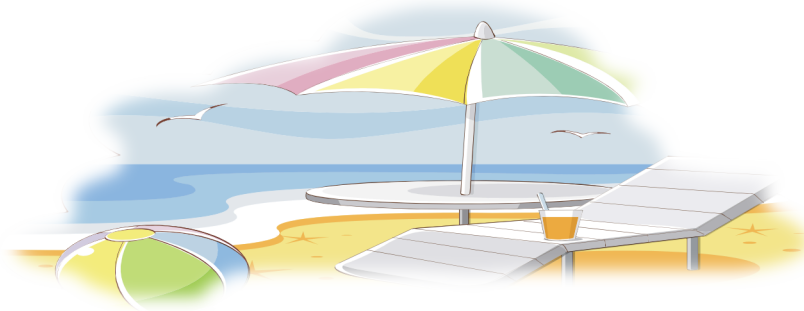
**BREAKFAST**

MANAGER'S CHOICE, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice  
**OR**

Choice of Whole Grain Cereal, Choice of 4 oz. Juice, ½ cup Fruit choice or 1 cup Fruit & Milk Choice

**THURSDAY, MAY 18, 2017**

**SCHOOL DISMISSED FOR SUMMER BREAK**  
**STUDENTS RETURN FRIDAY, MAY 19, 2017 FOR REPORT CARDS**  
**10:30 A.M - 11:00 A.M.**



**BREAKFAST MEAL PATTERN**

**MUST OFFER 4 COMPONENTS PER DAY**

**EACH CUSTOMER MUST CHOOSE AT THE MINIMUM ½ CUP OF FRUIT/VEGETABLE OR JUICE.**

**GRAINS (1 oz. daily minimum) ELEMENTARY SCHOOL - 7-10 oz. equivalent week**  
**JUNIOR HIGH SCHOOL - 8-10 oz. equivalent week**

**MEAT/MEAT ALTERNATE (NONE REQUIRED, BUT MAY SUBSTITUTE 1 oz. GRAIN EQUIVALENT OF MEAT/MEAT ALTERNATE FOR A 1 oz. GRAIN AFTER MINIMUM DAILY GRAIN IS MET.**  
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**FRUIT/FRUIT JUICE/VEGETABLES (1 Cup Daily) 5 weekly**

**FLUID MILK (1 Cup Daily) 5 weekly**

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