

CHESTER COUNTY HIGH SCHOOL

MONDAY, APRIL 24, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

TUESDAY, APRIL 25, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

WEDNESDAY, APRIL 26, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

THURSDAY, APRIL 27, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

FRIDAY, APRIL 28, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

NEW LUNCH MEAL PATTERN -

(Minimum per day in parentheses) - Minimums offered weekly

MEAT/MEAT ALTERNATE (2 oz. eq.) 10-12 oz. offered weekly

GRAINS (2 oz. eq.) 10-12 oz. eq. offered weekly

VEGETABLES (1 Cup) 5 Cups offered weekly

FRUIT (1 Cup) 5 cups offered weekly

FLUID MILK (8 oz. = 1 Cup) 5 Cups offered weekly

"This institution is an equal opportunity provider."

CHESTER COUNTY HIGH SCHOOL

MONDAY, MAY 1, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

TUESDAY, MAY 2, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

WEDNESDAY, MAY 3, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

THURSDAY, MAY 4, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

FRIDAY, MAY 5, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

NEW LUNCH MEAL PATTERN -

(Minimum per day in parentheses) – Minimums offered weekly

MEAT/MEAT ALTERNATE (2 oz. eq.) 10-12 oz. offered weekly

GRAINS (2 oz. eq.) 10-12 oz. eq. offered weekly

VEGETABLES (1 Cup) 5 Cups offered weekly

FRUIT (1 Cup) 5 cups offered weekly

FLUID MILK (8 oz. = 1 Cup) 5 Cups offered weekly

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CHESTER COUNTY HIGH SCHOOL

MONDAY, MAY 8, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

TUESDAY, MAY 9, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

WEDNESDAY, MAY 10, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

THURSDAY, MAY 11, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

FRIDAY, MAY 12, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

NEW LUNCH MEAL PATTERN -

(Minimum per day in parentheses) – Minimums offered weekly

MEAT/MEAT ALTERNATE (2 oz. eq.) 10-12 oz. offered weekly

GRAINS (2 oz. eq.) 10-12 oz. eq. offered weekly

VEGETABLES (1 Cup) 5 Cups offered weekly

FRUIT (1 Cup) 5 cups offered weekly

FLUID MILK (8 oz. = 1 Cup) 5 Cups offered weekly

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CHESTER COUNTY HIGH SCHOOL

MONDAY, MAY 15, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

TUESDAY, MAY 16, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

WEDNESDAY, MAY 17, 2017

LUNCH

MANAGER'S CHOICE

MANAGER'S CHOICE VEGETABLES (MINIMUM OF 2)

1 cup Chilled Canned Fruit or Fresh Fruit Choice – 8 oz. 100 % Juice - Cold Milk Choice

Fresh Full Salad Bar- MANAGER'S CHOICE - Fruit Choice or Juice Choice, Milk Choice

THURSDAY, MAY 18, 2017

STUDENTS DISMISSED FOR SUMMER BREAK

STUDENTS WILL RETURN FOR REPORT CARDS FRIDAY, MAY 19, 2017

10:30 A.M. -11:00 A.M.



NEW LUNCH MEAL PATTERN -

(Minimum per day in parentheses) - Minimums offered weekly

MEAT/MEAT ALTERNATE (2 oz. eq.) 10-12 oz. offered weekly

GRAINS (2 oz. eq.) 10-12 oz. eq. offered weekly

VEGETABLES (1 Cup) 5 Cups offered weekly

FRUIT (1 Cup) 5 cups offered weekly

FLUID MILK (8 oz. = 1 Cup) 5 Cups offered weekly

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